- Team of Instructors / Consultants: 1. Cionie Sagisi Patricio, RN President / CEO
- Former Director of Nursing for 9 (nine) years Meryl Weiss, APRN \* Advanced Practice 2.
- Nurse Practitioner Registered Nurse Lecturer And Consultant 3. F. Scott Carter, RD
- Certified Nutrition Support Dietitian Consultant / Lecturer General Nutrition / Wellness & Special Nutrition For The CNA
- 4. Crickett Liane-Holder, RN, BSN Former CNA Instructor of American Red Cross and Case Manager. Currently a student pursuing Advanced Education in Nursing to become a Legal Nurse Consultant.
- Jeffery Galdones, RN 5. CPR and First Aid Instructor Skills Trainer
- Racquel Sagisi, RN, BSN 6. Assistant Director of Nursing of Liliha Healthcare Center
- 7. Father Jing Gumpal, MSW, MED Lecturer / Counselor
- Linda Conboy, RN, MED Educator at Kaiser Permanente Hospital 8 9. Larry Alirez, RN
- Lecturer, Clinical Instructor Phlebotomy Instructor
- 10. Marjorie Evison, RN, GNC CPR / FA Instructor Lecturer Skills Trainer
- 11. Michelle Carino, LPN 12. Momi Breault, RN, BSN Cancer Research Kapiolani Medical Center
- Former Director of Nursing 13. Elizabeth Frank, RN, BSN Case Manager
- Nursing Supervisor (CCOH) 14. Kathleen Pagaduan, RN Supplemental Instructor
- 15. Felicidad Villanueva, LPN
- Supplemental Instructor 16. Gregory Patterson, RN, BSN Post Anesthesian Care Unit RN

### Support Services

- April Patricio
- Allan Macaisa 2. 3.
- Virgie Ryan 4. Andy Patricio
- Raphaela Lukan
- 5. 6. PJ<sup>'</sup>Ong
- lieva Bambridge 7. 8.
- David Kikau

Speakers and Lecturers from Health Organizations are also utilized to deliver lectures or mini-seminars to augment the learning of our participants.

# About Our Learning Institution

We at Healthcare Training and Career Consultants, INC., employ high quality instructors specializing in offering customized and individualized lessons based on your needs.

Our family like atmosphere motivates our participants to learn and to enjoy themselves. Our counselors will also assess your needs.

#### **Our Philosophy**

"Caring is the art of giving and also a way to ones growth & gaining strength. We strive to teach the highest form of care giving which we believe is centered in the heart. Heart has many meanings, but the heart of nursing and care giving is knowing to put the health & welfare of the person at the highest priority, and being one with him even for the briefest moment."



Healthcare Training & Career **Consultants**. Inc.

Honolulu 1336 Dillingham Blvd., 2nd Floor Honolulu, HI 96817 Phone: (808) 843-2211 Fax: (808) 843-8777

Leeward Waipahu Office Plaza 94-210 Pupukahi St., Suite 206 Waipahu, HI 96797 Phone: (808) 676-4933

Maui 840 Alua Street Suite #202 Wailuku, Maui 96793 Phone: (808) 249-0207

> FREE PARKING CALL FOR DETAILS



**State Certification Preparatory Program** Assistan Nurse Certified **Become A** 0

Reference

Healthcare **Training & Career** Consultants, Inc.

TEACHING THE ART **OF CAREGIVING** 

Announcement

**State Approved** 

**And Certified Program** 

# CONTINUING EDUCATION PROGRAMS FOR THE CNA: AVAILABLE UPON REQUEST.

- 1. Restorative Nursing
- 2. Patient Care Technician (Advanced Course for the CNA)
- 3. Medical Terminology
- 4. Phlebotomy
- 5. Health Unit Coordinating & Medical Office Assisting
- 6. Motivational & Health Care Seminars
- 7. Self Improvement Course
- 8. Employment Readiness Training Course (Includes entry test preparation to acute care hospital.)
- 9. Job Coaching For Eldercare Workers & Employability Skills
- 10. Professional Development for the Certified Nurse Assistant.

## And More!!

"Private Tutoring Available" Lifetime Assistance and Consultation Services

> For Registration Call: Honolulu: (808) 843-2211 Leeward: (808) 676-4933 Maui: (808) 249-0207



TRAINING YOU CAN TRUST FROM HIGHLY QUALIFIED INSTRUCTORS

## **COURSE DESCRIPTION**

This program provides classroom, laboratory and supervised clinical training in the basic fundamentals of safe and knowledgeable care giving. The following topics & skills will be covered:

- 1. Role & Function of the Certified Nursing Assistant.
- 2. Infection Control
- 3. Legal Issues & Residents'/Patients' Rights
- 4. Personal Care Skills
- 5. Work Ethics
- 6. Communication & Interpersonal Skills
- 7. Training, Testing & Competency Under State & Federal Guidelines
- 8. Admission & Discharge
- 9. Health, Personal Appearance, & Stress Management
- 10. Nutrition & Feeding Methods
- 11. Problem Solving
- 12. Aging Sensitivity
- 13. Residents' Special Needs
- 14. Management Of Behavior Problems
- 15. Basic Nursing Care
- 16. Skin Care & Prevention/Treatment Of Decubitus
- 17. Transferring, Positioning, and Turning Methods
- 18. Basic Anatomy & Physical Developmental Tasks Associated With The Aging Process
- 19. Signs and Symptoms of Common Diseases
- 20. Vital Signs, (Including Pain As 5th Vital Sign: Identification & Management)
- 21. Observation Skills, Reporting, and Documentation
- 22. Elimination Procedure
- 23. Rehab & Restorative Care (Includes range of motion exercises and ambulating the person)
- 24. Catheter Care
- 25. Life Saving Skills
- 26. Death & Dying
- 27. Post-Mortem Care And All Other Required Clinical Skills
- 28. Clinical Training At A Nursing Facility
- 29. Home Healthcare
- 30. Medical Terminology

This short term, intensive program meets the requirements as defined by OBRA and New State Regulations. It focuses on preparing students for the Hawaii State Nurse Assistant Competency Evaluation Testing Program as well as developing skills, attitudes and behaviors necessary for competent care givers.

After completing the course, participants will be able to recognize the importance of the CNA role in improving the quality of life for people in the healthcare system.

After passing the State's Certification Examination, the graduate becomes a Certified Nurse Assistant as defined under state and Federal laws under OBRA 1987.

Who can apply for this program?

- 1. Nursing Assistants
- 2. Caregivers / Assistant CH Operators
- 3. Medical Assistants wanting to learn Nursing Skills and become a Certified Nurse Assistants.
- 4. Home Health Aids
- 5. Companions / Chore Helpers
- 6. Personal Care Assistants
- 7. Individuals wanting to learn how to care for their ailing and aging loved one.
- 8. Registered Nurses from foreign countries seeking Certification in Healthcare
- 9. Certified Nurse Assistants whose Certificates expired
- 10. Certified Nurse Assistants from another State not able to endorse his/her Certificate in the State of Hawaii

Requirements for Admission: (Refer to list of Required Documents & Supplies for more details)

- 1. Physical Exam
- 2. TB Clearance
- 3. Photo
- 4. Picture ID
- 5. Criminal Background Check (Maui Only)

Applicant must be 18 years of age or older.

Tuition Includes: Clinical Experience, Textbook, CPR, First Aid, Lifetime Assistance & Consultation Services.